



# Aquatic Center Schedule

## September schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30a-7:00a Adult Lap Swim ONLY	5:30a-7:00a Adult Lap Swim ONLY	5:30a-7:00a Adult Lap Swim ONLY	5:30a-7:00a Adult Lap Swim ONLY	5:30a-7:00a Adult Lap Swim ONLY	7:00a-11:00a Adult Lap Swim & Adult Open Swim	8:00a-11:00a Adult Lap Swim & Adult Open Swim
7:00a-8:30a Adult Lap Swim & Adult Open Swim	7:00a-9:45a Adult Lap Swim & Adult Open Swim	7:00a-8:00a Adult Lap Swim & Adult Open Swim	7:00a-9:45a Adult Lap Swim & Adult Open Swim	7:00a-8:30a Adult Lap Swim & Adult Open Swim	Aqua boot camp 7:15a-8:15a 9/14 Only	
		8:00a-8:30a Water Walking			Aqua Zumba 730a-830a 9/7, 9/21, 9/28	
8:30a-9:45a Morning Splash (Marla)		8:30a-9:45a Morning Splash (Marla)		8:30a-9:45a Morning Splash (Marla)		
9:45a-11:30a Adult Open Swim ONLY	9:45a-11:30a Adult Open Swim ONLY	9:45a-11:30a Adult Open Swim ONLY	9:45a-11:30a Adult Open Swim ONLY	9:45a-11:30a Adult Open Swim ONLY		
11:30a-1:00p Adult Lap Swim ONLY	11:30a-1:00p Adult Lap Swim ONLY	11:30a-1:00p Adult Lap Swim ONLY	11:30a-1:00p Adult Lap Swim ONLY	11:30a-1:00p Adult Lap Swim ONLY	11:00a-3:00p Water Park Open For All Ages Please Check Water Park Schedule	11:00a-3:00p Water Park Open For All Ages Please Check Water Park Schedule
1:00p-3:30p and 4:30p-5:40p Adult Lap Swim & Adult Open Swim	1:00p-3:30p Adult Lap Swim & Adult Open Swim	1:00p-3:30p Adult Lap Swim & Adult Open Swim	1:00p-3:30p Adult Lap Swim & Adult Open Swim	1:00p-5p Adult Lap Swim & Adult Open Swim		
Swimming lesson 3:30p-4:30p 9/23, 9/30	Swimming lesson 3:30p-4:30p 9/24	Swimming lesson 3:30p-4:30p 9/25	Swimming lesson 3:30p-4:30p 9/26			
5:40p-6:40p Aqua Zumba (Angie)	4:30p-5:30p Water Aerobics (Carol)	4:30p-5:30p Deep Water Aerobics (Laura) Starting 9/11	4:30p-5:30p (Carol) Water Aerobics 5:40p-6:40p (Angie) Aqua Zumba	5:00p-5:30p Water Walking	3:00p-6:30p Adult Lap Swim & Adult Open Swim	3:00p-5:30p Adult Lap Swim & Adult Open Swim
6:40p-7:10p Water Walking	5:30p-8:30p Water Park Open For All Ages Please Check Water Park Schedule	5:30p-8:30p Water Park Open For All Ages Please Check Water Park Schedule	6:40p-8:30p Adult Lap Swim & Adult Open Swim	9/6-6:00p-8:30p 9/13-5:30p-8:30p 9/20-6:00p-8:30p 9/27-5:30p-8:30p		
7:10p-8:30p Adult Lap Swim & Adult Open Swim				Water Park Open For All Ages Please Check Water Park Schedule		

**Adult Open/Lap Swim: Must be 18+ years of age.**

\*Lap swimmers and Adult Open Swim time can use their own swimming/flotation devices but must not leave them at the LCC.

\*Lift chair access to the pool is available.

\*Lap swim time is designated for organized swimming up and down the length of the pool repeatedly.

\*Adult open swim time allows you to walk, float, play and swim.

LCC Phone Number: 715-670-0790



## Water Park/Open Swim For All Ages Lifeguards On Duty September 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1 Water Park Open 11:00a-3:00p
2 Water Park CLOSED	3 Water Park Open 5:30p-8:30p	4 Water Park Open 5:30p-8:30p	5 Water Park CLOSED	6 Water Park Open 6:00p-8:30p	7 Water Park Open 11:00a-3:00p	8 Water Park Open 11:00a-3:00p
9 Water Park CLOSED	10 Water Park Open 5:30p-8:30p	11 Water Park Open 5:30p-8:30p	12 Water Park CLOSED	13 Water Park Open 5:30p-8:30p	14 Water Park Open 11:00a-3:00p	15 Water Park Open 11:00a-3:00p
16 Water Park CLOSED	17 Water Park Open 5:30p-8:30p	18 Water Park Open 5:30p-8:30p	19 Water Park CLOSED	20 Water Park Open 6:00p-8:30p	21 Water Park Open 11:00a-3:00p	22 Water Park Open 11:00a-3:00p
23 Water Park CLOSED	24 Water Park Open 5:30p-8:30p	25 Water Park Open 5:30p-8:30p	26 Water Park CLOSED	27 Water Park Open 5:30p-8:30p	28 Water Park Open 11:00a-3:00p	28 Water Park Open 11:00a-3:00p
29 Water Park CLOSED	30 Water Park Open 5:30p-8:30p					

### **Water Park/Open Swim for All Ages:**

\*11 and under must be supervised by an adult within the pool area (on pool deck or in water).

Basketball & Volleyballs are only available while lifeguards are on duty.

\*\*June – August Water Park Weekend Hours: 11:00a-2:00p

\*\*September – May Water Park Weekend Hours: 11:00a-3:00p

Steam Room is open daily from opening to 30 minutes before closing.